

### ***Selected Academic Publications - 2000-Present***

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#### ***Journal Articles***

Ochocka, J. & Janzen, R. (submitted). Breathing life into theory: Illustrations of community-based research hallmarks, functions, and phases. *Gateways: International Journal of Community Research and Engagement*.

Janzen, R., Seskar-Hencic, D., Dildar, Y., McFadden, P. (2012). Using evaluation to shape and direct comprehensive community initiatives: Evaluation, reflective practice, and interventions dealing with complexity. *Canadian Journal of Program Evaluation*. 25(2), 61-88.

Janzen, R., Chapman, M., & Watson, J. (2012). Integrating immigrants into the life of Canadian urban Christian congregations: Findings from a national survey. *Review of Religious Research*. 53(4), 441-470.

Ochocka J., Moorlag E. & Janzen, R. (2010). A Framework for entry: PAR values and engagement strategies in community research. *Gateways: International Journal of Community Research and Engagement*, (3), 1-19.

Ochocka, J., Moorlag, E., Marsh, S., Korsak, K., Mutta, B., Simich, L., & Kaur, A., (2010). Taking culture seriously in community mental health: A five year study bridging research and action. *Canadian Issues*, pp. 59-64.

Janzen, R., Ochocka, J., Jacobson, N., Maiter, S., Simich, L., Westhues, A., Fleras, A. & the Taking Culture Seriously Partners (2010). Synthesizing Culture and Power in Community Mental Health: An Emerging Framework. *Canadian Journal of Community Mental Health*, 29(1), 51-67.

Janzen, R., Pancer, M., Nelson, G., Loomis, C., & Hasford, J. (2010). Evaluating community participation as prevention: Life narratives of youth. *Journal of Community Psychology*. 38(8), 992-1006.

Westhues, A., Janzen, R., Roth, D. & Grant, J. (2010). Community mental health organizations in Ontario: Perceptions of responsiveness to the needs of diverse cultural-linguistic communities. *Canadian Journal of Community Mental Health*. 29(2), 99-111.

Simich, L., Maiter, S. & Ochocka, J. (2009). From social liminality to cultural negotiation: Transformative processes in immigrant wellbeing. *Anthropology and Medicine Journal*, 16(3), 253-266.

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- Ochocka, J. & Janzen, R. (2008). Immigrant parenting: a new framework of understanding. *Journal of International Migration and Integration*, 6(1), 85-112.
- Nelson, G., Janzen, R., Trainor, J. & Ochocka, J. (2008). Putting values into practice: Public policy and the future of mental health consumer-run organizations. *American Journal of Community Psychology*, 42, 192-201.
- Westhues, A., Ochocka, J., Jacobson, N., Simich, L., Maiter, S., Janzen, R. & Fleras, A. (2008). Developing theory from complexity: Reflections on a collaborative mixed method participatory action research study. *Qualitative Health Research*, 18(5) 701-717.
- Janzen, R., & Buhel, O. (2007). A National Review of Immigrant Access to Professions and Trades Initiatives. *Canadian Issues*. Special issue on foreign credential recognition. Association for Canadian Studies. 59-62.
- McFadden, P. & Janzen, R. (Fall, 2007). The importance of immigrants to Waterloo Region's Prosperity: A dynamic collaborative community process. *Our Diverse Cities*. No.4. 104-107. A Metropolis publication. [http://www.metropolis.net/pdfs/Pgs\\_ODC\\_Ontario2\\_e.pdf](http://www.metropolis.net/pdfs/Pgs_ODC_Ontario2_e.pdf)
- Nelson, G., Ochocka, J., Janzen, R., Trainor, J., Goering, P. & Lomotey, J. (2007). A longitudinal study of mental health consumer/survivor initiatives: Part V - outcomes at 3-year follow-up. *Journal of Community Psychology*, 35(5), 655-665.
- Roderick, K., Janzen, R., Ochocka, J. & Jenkins, J. (2007). Pathways to success in Waterloo Region: Immigrant youth at high school. *Our Diverse Cities*. No.4. Metropolis Publication, 139-144.
- Janzen, R., Nelson, G., Hausfather, N. & Ochocka, J. (2007). Capturing System Level Activities and Impacts of Mental Health Consumer-run Organizations. *American Journal of Community Psychology*, 39, 287-299.
- Jacobson, N., Ochocka, J., Wise J., Janzen, R. & the Taking Culture Seriously Partners (2007). Inspiring knowledge mobilization through a communications policy: The case of a Community University Research Alliance. *Progress in Community Health Partnerships: Research, Education and Action*. 1(1), 99-104.
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- Janzen, R., Nelson, G., Trainor, J. & Ochocka, J. (2006). A longitudinal study of mental health consumer/survivor initiatives: Part 4- Benefits beyond the self? A quantitative and qualitative study of system-level activities and impacts. *Journal of Community Psychology*, 34(3), 285-303.
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- Choma, B. & Ochocka, J. (2005). Supported volunteerism for people with complex needs. Case study of Waterloo Region. *Journal of Developmental Disabilities*, 12(1), 1-18.
- Nelson, G., Ochocka, J., Janzen, R., Trainor, J., & Lauzon, S. (2004). Comprehensive evaluation framework for mental health consumer/survivor organizations: Values, conceptualization, design, and action. *Canadian Journal of Program Evaluation*, 19(3), 29-53.
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- Dewa, C., Durbin, J., Wasylenki, D., Ochocka, J., Eastabrook, S., Boydell, K., & Goering, P. (2002). Considering a multi-site study? How to take the leap and have a soft landing. *Journal of Community Psychology* 30(2), 173-187.
- Nelson, G., Lord, J., & Ochocka, J.(2001). Empowerment and mental health in community: Narratives of psychiatric consumer/survivors. *Journal of Community and Applied Social Psychology*, 11(2), 125-142.

### **Books**

Nelson, G., Lord, J., & Ochocka, J. (2001). *Shifting the paradigm in community mental health*. Toronto: University of Toronto Press.

### **Chapters in Edited Books**

Nelson, G., d'Ailly, H., Ochocka, J., Janzen, R., Maiter, S., & Jacobson, N. (in press). Planning transformative change for mental health services for diverse cultural-linguistic communities. In G. Nelson, B. Kloos, & J. Ornelas (Eds.), *Community Psychology and Community Mental Health: Towards Transformative Change*.

Janzen, R., Walton-Roberts, M., & Ochocka, J. (2012). Waterloo Region. In C. Andrew, J. Biles, M. Burstein, V.M. Esses, and E. Tolley (Eds.), *Immigration, Integration and Inclusion in Ontario Cities*. (pp.131-157). Montreal PQ and Kingston ON: McGill-Queen's University Press.

Nelson, G., Janzen, R., Ochocka, J., Trainor, J. (2010) Participatory action research and evaluation with mental health self-help initiatives: A theoretical framework. In L. Brown and S. Wituk (Eds.), *Mental Health Self-Help: Consumer and Family Initiatives*. New York, NY: Springer Press.

Ochocka, J. (2007). Working with Diverse Communities Towards Social Change: A Community University Partnership in Canada Using a Participatory Action Research Approach. In A. Bokszczanin (Ed). *Social Change in Solidarity: Community Psychology Perspectives and Approaches* (pp.76-83). Opole: Wydawnictwo Uniwersytetu Opolskiego.

Ochocka, J. & Janzen R. (2006). Blending commitment, passion and structure: Engaging cultural linguistic communities in collaborative research. In A. Williamson & R. DeSouza (Eds.), *Researching with Communities: Grounded perspectives on engaging communities in research* (pp. 323-337). Mud Creek Press. Waitakere City, New Zealand.

Janzen R. & Ochocka, J. and the Taking Culture Seriously partners (2006). The road towards cultural empowerment: an invitation to inclusion. In D. Zinga (Ed.) *Navigating Multiculturalism Negotiating Change* (pp.58-76). Cambridge Scholar's Press: Newcastle, UK.

Janzen, R & Ochocka, J. (2003). Immigrant youth in Waterloo Region. In P. Anisef & K. Murphy Kilbride (Eds.) *Managing two worlds: The experiences and concerns of immigrant youth in Ontario* (pp. 37-68). Toronto: University of Toronto Press.

Ochocka, J. (2003). The importance of participation in social groups in Canada. Interview results. In .M. Szczerbinski & T. Wolszy (Eds.). *From history of Polish immigration (1939-1989)* (pp. 411-419). Gorzow Wlkp.

Ochocka, J (2002). Immigrant voice, participation, and leadership: multiple roles played by ethnical press and other publications in Canada. In B. Kunicki, & M. Szczerbinski (Eds.) *From the history of Polish press abroad from September 1939 until now* (pp. 44-86). Warsaw, Polish Press.